

## Products

Sixtuwohl foot care creams  
Syence skin care products  
Servital anti-ageing cream  
Australian Body Care products based on Tea Tree Oil  
Full details are available on all products.

## Osteopathy

Osteopathy is a modern, scientifically based system of diagnosis and treatment for pain due to faults in the muscles and joints of the body. These faults can also have widespread effects upon general health. Osteopathic treatment is suitable for both adults and children.

Problems that respond to Osteopathic treatment include:-

Back ache	Headaches
Stress	Neck and shoulder tension
Frozen shoulder	Joint and Muscle strain
Discomfort in pregnancy	Arthritis
Post surgery rehabilitation	Sports injuries
Sciatic pain	Repetitive strain injury

Cranial Osteopathy can help in a wide variety of problems including neuritis, tinnitus, migraine, tension and anxiety, period pain, and ME.

The clinic Osteopaths are experienced and are registered with the General Osteopathic Council.



## Chiropody/Podiatry



The clinic has the services of a Chiropodist/ Podiatrist Registered with the Health Professions Council who is qualified to deal with a wide range of foot and nail problems:- verrucae, corns, callouses, ingrowing toe nails.

## Orthotics

Pain in the feet, knees, hip or back often stems from problems in the proper functioning of your feet. The clinic prescribes orthotics after using a Gait Scan analysis. The resulting orthotic is made to fit both your feet and your shoes, to reposition your foot gently to restore proper function and ease the pain.

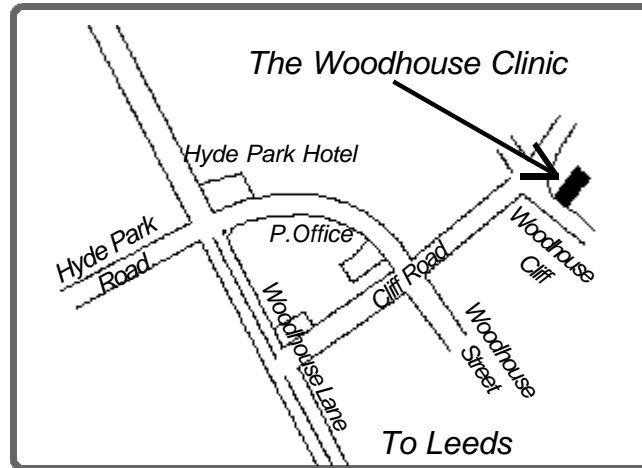


## Homeopathy

A system of medicine that works by stimulating the body's own healing power. Works without side effects on a whole range of physical, emotional and mental problems.

## How To Find Us

The clinic is conveniently situated close to Leeds centre at the edge of Woodhouse Moor. It is convenient for public transport and parking is available immediately outside the clinic.



## Clinic Opening Hours

Tuesday, Thursdays	10.00 am - 8.00 pm
Wednesday	9.30 am - 7.00pm
Friday	9.30 am - 6.00 pm
Saturday	10.00 am - 4.00 pm

## Appointments & Cancellations

Please give as much notice as you can if you are unable to keep your appointment. A charge will be incurred for failed appointments or cancellations with notice of less than 24 hrs.

## Web site and e-mail

For more information visit our web site at

[www.woodhouseclinic.co.uk](http://www.woodhouseclinic.co.uk)

or e-mail us at

[enquiries@woodhouseclinic.co.uk](mailto:enquiries@woodhouseclinic.co.uk)

May 2004

# The Woodhouse Clinic

## Health and Beauty Clinic

*Established 1988*

**Beauty Therapy  
Chiropody/Podiatry  
Osteopathy  
Homeopathy**

Personal care by professionals

**(0113) 275 3692**

2 Woodhouse Cliff  
Headingley Leeds LS6 2HF

[www.woodhouseclinic.co.uk](http://www.woodhouseclinic.co.uk)



## Depilatory Waxing

Full Leg	£23.00	1/2 Leg	£14.50
Full Leg & Bikini	£28.00	1/2 Leg & Bikini	£20.00
Bikini Line	£10.00	Brazilian	£16.00
Underarm	£8.50	Fore Arms	£9.00
Full arm, from	£13.50	Forehead	£9.00
Cheeks	£12.50	Breast	£5.25
Upper Lip	£5.75	Chin	£5.75
Chin & Neck	£10.00	Upper lip & Chin	£10.00
Back from	£15.00	Shoulders	£12.50
Abdomen	£5.50	Chest from	£15.00

## Facial Treatments

All facials include cleanse, tone, exfoliation, extractions (optional), galvanic (optional), face, neck and shoulder massage, mask, moisturiser treatment and homecare advice.

Syence - moisture boost facial. Perfect for all skins, hydrating, detoxifying, anti ageing £35.00

Australian bodycare - clearing facial, using pure tea tree, renowned for its anti-bacterial/healing properties, ideal for acne, eczema, ingrown hairs £33.00

Skin Booster Facial, Syence or A.B.C. - perfect for lunch breaks or teenage skin, 30mins £22.00

Collagen Biomatrix treatments restore the elasticity, smoothing lines and wrinkles, for eye or neck areas, add £5.00 to your facial

## Make up

Mini-Facial and make-up with instruction so you can achieve your own look £30.00

Bridal make-up by arrangement

## Self Tanning Treatments

St Tropez Self Tan Body Treatment £35.00 Legs £20.00

## Days of Beauty

Day of Beauty - Facial, pedicure, manicure, back massage, with refreshments £89.00

Deluxe of Beauty - Pedicure, deluxe manicure, hydrating facial, back massage, make-up, with refreshments £109.00

Or choose your own selection of treatments

## Non-Surgical Facelift

Reduces and prevents lines and wrinkles and sagging skin. Stimulates collagen production and muscle tone.

Bio-Ultimate Treatment - 1hr £30.00

Bio-Ultimate Intensive Firming Facial using a hydrating/collagen gel £35.00

Add £6 to either for collagen/elastin boost ampoule

Courses available for maximum benefit

## Massage

Firm and relaxing (aromatherapy optional). Tailored to your individual requirements; techniques include lymphatic drainage/swedish/Indian Head massage/deep relaxation/accupressure

1 hour £32.00  
30 mins £20.00

Th. Stone Therapy Massage. Deep relaxation for mind, body and soul. Great for stress, metabolism and circulation

Full Body, 90 minutes £50.00  
Back and legs £35.00

## Body Treatments

Australian Body Care Relaxing & clarifying back treatment £24.00

Syence - Moisture boost back treatment - hydrate, relaxing and rejuvenating £27.00

Syence Body Surge - body brush, exfoliates, detoxifies, lymphatic drainage massage with firming cream, followed by a hydrating mask, wrap and rejuvenating cream £49.00

Tea Tree Tingle - Body brush, tea tree scrub and invigorating massage with tea tree lotion. Great for pimply skin/poor circulation/ingrown hairs

Full body £20.00  
Legs and bikini line £14.00

## Eurowave

Not a gym person? Tone your muscles without lifting a finger. Computerised slimming and cellulite treatment, an eighteen minute session equals 200 sit ups - immediate inch-loss on your first treatment.

Single treatment £20.00 Course of 10 £180.00

## Eye care

Eyebrow shaping £5.75 Eyebrow tint £6.00  
Eyelash tint £7.00 Brow and Lash tint £12.00

## Foot care

Deluxe Sixtus Pedicure - a relaxing foot spa therapy with foot massage using professional Sixtus foot creams. Especially beneficial for dry skins £21.00  
Pedicure with Sixtus paraffin wax treatment £31.00

## Hands and Nails

Manicure - including polish and massage £16.00  
French Manicure - £19.00  
Nail shaping and varnish £14.00

## Long Term Control of body hair

### Electrolysis

Removal of unwanted hair under sterile conditions  
10 minute session £11.00 15 minute session £15.00

### EPIL 2000

**EPIL 2000** The latest pain free method for the removal and reduction of unwanted hair. Please ask for further information.

## Laser hair removal

Using an Nd:YAG Laser, treatment of unwanted body hair is safe, fast, effective and virtually pain free. It is suited to most hair and skin types and will lead to long term reduction in hair growth. Ring for a consultation and patch test - £25.00. Treatment prices start from £60.

## Red Veins

VEINWAVE is a revolutionary and successful method for red vein treatment. Discuss your problems privately during a consultation and a course will be designed for your particular requirements.

Consultation £50.00

## Facial Contouring

We offer facial contouring using collagen products, Restylane and Juvederm to reduce lines and wrinkles or Botox to reduce frown lines and crows feet at the eye line